



STARLING INTERNATIONAL
Child Care & Learning Complex
An American Family Child Care Center



CAMP GALAXY
SUMMER 2015
Catalogue of Activities

PROGRAMS

INFANTS

Individual cribs, clean and bright surroundings, large-picture windows close to the ground promote infants to crawl, stand-up and walk around. Daily Information Sheet makes for a seamless transition. Age-appropriate activities promote cognitive and social development in a warm, nurturing environment.

TODDLERS

Bright, colorful classroom for this close-knit, and friendly group. Our program offers a balance of nurturing, playtime, and learning throughout the day.

TWO'S PRESCHOOL

With a child sized bathroom attached to the classroom, your two-year old is met with enthusiasm when it's time for potty-training. And with a Toddler Playground just out the classroom door, fun is around every corner. A learning environment that keeps your two year old's fingers busy and their mind engaged and happy.

PRESCHOOL/PREKINDERGARTEN

The bright and cheerful classrooms are complete with computer stations, discovery areas, large picture windows, and child-sized furniture. The curriculum includes swimming in our indoor pool, music lessons, computer classes, and Kindergarten preparation. Our daily activities develop your child's academic skills while your child enhances his or her social skills.

BEFORE/AFTER SCHOOL PROGRAM

Four distinct age-groups ensure your child is comfortable with her friends. The after school program promotes socialization skills as well as academic learning with special, homework areas, staffed with a certified Elementary teacher and apprentices. Other features include hearty snacks, computers, large fenced playground, and year-round swimming in our indoor pool. Open during public school closures.

SUMMER CAMP

This convenient program provides lots of activities at a reasonable price. Check out our website and download the latest Summer Calendar of Events, www.StarlingChildCare.com.

FOOD PROGRAM

Starling Child Care & Learning Complex provides nutritious, well-balanced meals and snacks that are lower in processed foods than other centers. Breakfasts, Lunches and the Afternoon Snacks are included in the tuition, and they all meet the requirements of the USDA's Child and Adult Care Food Program. We offer made-from-scratch meals, as well as fresh vegetables and fruit as much as possible. Our food program uses high quality ingredients for a fresher, less processed taste. It's healthy and it tastes good.

ENGINEERS EMERGE WHEN PROVIDED THE RIGHT TOOLS



FROM THE CEO

April, 2015

Dear Family and Friends,

Summer is the best time of the year at Starling. Camp Galaxy offers campers so many activities from swimming, music, cooking, and soccer to the Galaxy Film Festival, the Kona Ice Truck, the Game Truck and field trips to parks, museums, restaurants and even the Canal Boat trip.

This summer we have 2 extra special events added to the activity list: First is the Second Annual STEM Science Fair on July 21st, and highlighted next is the Kids Kitchen Cook-Off. We are excited about a great summer full of fun!

Sincerely,

Donna J. Goff, C.E.O., Principal



FREE ACTIVITIES

Kid's Kitchen COOK-OFF

June 24th-25th

Billy Scruggs, former Executive Chef for the Federal Reserve Bank, will teach and mentor our young chefs as they create the meal course that they randomly drew for the Cook-Off! Be it appetizer, salads, entrée, vegetables, fruit, or dessert, each Chef Team will have 2 days to plan, prepare, and present their course to the celebrity judges. The judges will represent the Food and Nutrition branch of the USDA, as well as local restaurants. And when it is over and the winners are announced, the Chefs will combine their presentations for a feast for all to enjoy.

Free, Ages K-up



ON GOING YEAR-ROUND ACTIVITIES



COURSE DESCRIPTIONS

Soccer with the Richmond Kickers

1st Mondays Year Round

Current players from the Richmond Kickers Soccer Organization teach your child the fundamentals of soccer including passing, dribbling, ball control, field management and proper shooting. The Kickers practice good sportsmanship and ethical playing as well. Whether your child is new to soccer or has already developed a love for the game, the progressive nature of Lil' Kickers offers a place for children at every level. Step onto the field and you will find it transformed into a world created with professional coaches that will thrill your child with creative, high energy activities that serve as a great introduction to soccer, and help children master developmental milestones. Get all the players autographs and watch your favorites on TV.

Free, Ages 3+



Creative Arts with Specialist Eileen

Mondays & Fridays

Ms. Eileen augments the many cultural activities already in place at Starling. Her specialties are music and story-telling. The children enjoy participating in her interactive programs. She involves children of all ages, from infants to school agers in her age appropriate activities.

Free, All Ages

Music

Arts



en Español

Spanish Classes with Senor Dunn

Tuesdays & Thursdays

Senor Dunn has a specialized Spanish program where children learn through singing and basic interactive activities which come from a curriculum that is built on a series of theme-based lessons that may be pared down for younger learners.

Free, All Ages

ON GOING YEAR-ROUND ACTIVITIES

Kid's Kitchen

Tuesdays Year Round

Yumderful cooking activities. Kid's Kitchen offers a great introduction to cooking, math, and teamwork, with 24 recipes for kids to make with the supervision of Chef Combo. Campers make chicken noodle soup, waffles, grilled cheese sandwiches, real ice cream, and mac & cheese! Fun food facts from around the world round out this culinary journey. Children learn how to read labels for nutritional facts which help them make better decisions about what they eat.

Free, Ages 3+



Computer Wizard

Wednesdays Year Round

Starling's computer curriculum teaches your child, in a fun and age appropriate way, the full scope of technology skills in today's digital world. In a safe environment that promotes a healthy foundation and proper tech etiquette, the program helps your child master skills that range from basic file navigation, internet, and keyboarding skills to an understanding of the latest technology, such as mobile apps and cloud computing! Each class features your child as the main character of an exciting learning adventure guided by a trained and certified wizard. The low 6:1 student/teacher ratio guarantees individual attention. After solving a different mission in class every week, participants receive FREE exclusive access to the online class to reinforce skills and extend the experience at home.

Free, Ages 3-8

Music

Music Lessons

2nd & 4th Thursdays Year Round

Each lesson has a different theme. Ms. Betsy tells stories based on a new theme. Children learn the basics of music and singing while having a good time. Free concerts for parents year round.

Free, Ages 2-8



Preschool Story Time

Select Fridays Year Round

Experience a different story each week as library story tellers use props and activities to enhance the story experience. Story time is at the Tuckahoe Library and features "Mousey", a shy but curious mouse puppet who helps the librarian tell her stories.

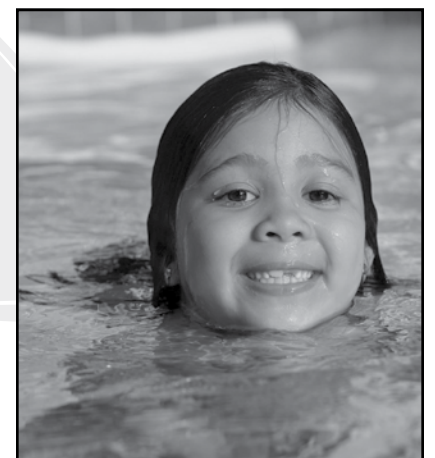
Free, Ages 3-8

Aquatics Program, Free Swim

Fridays during School Year, 3 Days a Week Summers

The indoor, heated swimming pool is open year-round. Open Swim is available for Preschool children and older with a certified lifeguard. Swim Lessons are available with a swim instructor or lifeguard.

Free, Ages 3+



FREE ACTIVITIES

Fashion Walk at The Mall

TBA

Let's put on our best to take a fashion walk around Regency Square Mall and check out all the newest fashions from Macy's, Sears, Foot Locker, Claire's and many more.

Free, Ages 8+

Cinco de Mayo

Tuesday, May 5th

It's time to get excited for an amazing Cinco de Mayo. Lots of music and dancing, masks, bead necklaces, piñatas, costumes and don't forget the food. Ven a celebrar el Cinco de Mayo con nosotros en Starling.

Free, All Ages



Mother's Day Tea Party

Friday, May 8th

Our traditional celebration for mom's each year with an unforgettable bonding experience. Wear your best hat and white gloves and enjoy tea or punch and cookies. Start your own Mother's Day tradition, and enjoy the centerpieces made by the children.

Free, All Ages



Pre-Kindergarten Graduation Ceremony & Luncheon

Friday, June 5th

The ceremony begins at 11 a.m. at West End Presbyterian Church located at 9008 Quiocassin Road. The luncheon begins at noon at Starling's Paradise Island.



Pool Party & End of School Year Dance

Friday, June 12th

Bring your bathing suits, towels, and don't forget to put your special techniques in your dance!! It's time for our pool party and chicken dance in our indoor pool. Come join the fun.

Free, Ages 3+

Father's Day BBQ

Friday, June 19th

Our traditional celebration to honor all fathers with music, games, and food is a great bonding experience. Children make and present gifts for dad.

Free, All Ages

Star Wars Costume Party

Friday, September 4th

Parents, teachers and children alike dress up like their favorite Star Wars characters such as Yoda, Princess Leia, and Chewbacca. Celebrate the end of summer. Bring your cameras!

Free, All Ages



FREE ACTIVITIES

Wii Sports Tournament

Periodically All Year

It's time to get our exercise on with Wii Sports Tournament!! Who's the best at Bowling, Baseball, and Tennis?? And the trophy goes to??

Free, Ages 5+



The Babysitter's Club

Babysitters in training learn how to care for younger children safely and playfully. Campers receive an American Red Cross book and information to use while babysitting, including safety issues, games, songs, crafts, and snacks. Campers will also receive hands-on training in our preschool rooms.

Free, Ages 11+



Children's Museum Field Trip

Wednesday, July 15

The Children's Museum of Richmond (CMofR) is known as one of the best Children's Museums in the U.S.A. and one of the top 20 sites to visit in Richmond. The Museum's learning environments are created for children to learn, be happy, and healthy through play. Play is a natural and spontaneous way for children to learn about the world around them. CMofR's exhibits help children recognize and build on what is familiar and allow them to make new connections between their own experiences, the people and places that surround them, and the world beyond their community. CMofR's exhibits are designed to foster creative, unstructured play, discovery and problem solving.

The exhibits are hands-on and weave learning concepts from the Virginia's Standards of Learning, NAEYC Standards and Virginia's Foundation Blocks for Early Learning. Town Square has many role playing opportunities. Children can pretend to be teachers, work in a garage, drive an ambulance and more. For active gross motor play the Tree Climber allows children to balance, climb and explore. The Art Studio is a space without age limits. It provides creative art experiences for children 1-100!

The Children's Museum of Richmond is dedicated to getting children outside to play as well. The Backyard Exhibit has water, sand, musical instruments and native plants of Virginia to enjoy.

Free, Ages 4-8

Kona Ice Truck

Mondays, June - September

How much does Starling love Kona Ice? Let us count the ways. 1.-Kona day is the best day of the week so. 2.-Kids squeal when Kona Ice Truck pulls in. 3.-They get to "Do it all by myself" at the FLAVORWAVE!! Starling's Kona Ice Truck days are more than just a cup of shaved ice, it's an experience.

Free, All Ages Including Infants



Spa Day

We strive to bring a spa day experience to young girls and boys at Starling and give them the time they deserve. We want them to feel beautiful inside and out! Our mission is to empower children with a positive self image in a fun relaxed environment.

Free, All Ages



Pajama Day

Come to Starling dressed in your pajamas, robe and slippers. Forget to comb your hair. (But don't forget to brush your teeth!) Carry your own favorite stuffed animals or blankie and join the FUN!!

Free, All Ages



FREE ACTIVITIES

National Holidays Celebrated

See Calendar for Specific Days

All summer long campers will celebrate some well known and little known days of observation. Some of the many include: National Hot Dog Day, National Chocolate Chip Day, National Bomb Pop Day, Hug Your Kid Day, National Endangered Species Day, Cookie Monster's Birthday, Flag Day, and many more.

Free, Age Appropriate

Maymont and Monument Avenue Field Trips

What summer would be complete without a trip to Richmond's favorite park, Maymont? This park is full of activities including animals for the kids to feed and wide open spaces to run and throw balls. And on the way campers will travel down historic Monument Avenue to see Stonewall Jackson, Arthur Ashe, and Robert E. Lee in statue form.

Free, Ages 6+



Gardening with Master Gardeners in the Children's Garden

Select Mondays During Growing Season

Teaching children the basics of gardening when they are young is a great way to give them a life-long appreciation of the importance of gardening and nutrition. Watch the children's garden grow!

Ages 3+

LANDSCAPE DESIGNERS EMERGE WHEN CHILDREN LEARN THE IMPORTANCE OF GARDENING AT AN EARLY AGE



FREE ACTIVITIES

Lego Palooza

Children and parents alike are Lego architects and engineers during Lego Palooza days at Starling. If you're a Lego fanatic, join the kids and learn why building with Lego bricks is really about problem solving and engineering challenges. Scheduled intermittently during the year.

Free, Ages 3+



Bubble Mania Bubble Making Workshop

Learn the secret to blowing extra-large bubbles. Children get to experiment with different bubble solutions and apparatus, while enhancing sensory skills and awareness.

Free, All Ages Including Infants



Art With Young Rembrandts and Andy Worhals

Innovative art lessons inspire your child's imagination and creativity. Hands-on activities are introduced new each week. Each week we have different arts and crafts projects, from making bracelets, purses, wallets, key holders, working with clay, slime, modeling dough, or making personalized T-shirts, bird houses, and personal First Aid kits.

Free, All Ages

Moon "Bounce" Walk

Getting a bounce on summer fun is easy with Starling's "All Day Moon Bounce Walk". A bounce house in the backyard gets the kids pumped up about being physically active outdoors and staying fit and trim.

Free, Ages 3+

The Zoo Visits Starling

Voted "The Best" experience with live animals at Starling. The Zoo brings animals large (potbellied pigs) and small (a tarantula spider) for children to hold and pet or just watch in amazement.

Free, All Ages

Mad Science, On-site Field Trip: "Electricity"

The fundamental concepts of electricity are presented and explored. Students interact with plasma balls and create their own "static energy chambers", all under the watchful guidance of the Mad Scientist.

Free, Ages 6+

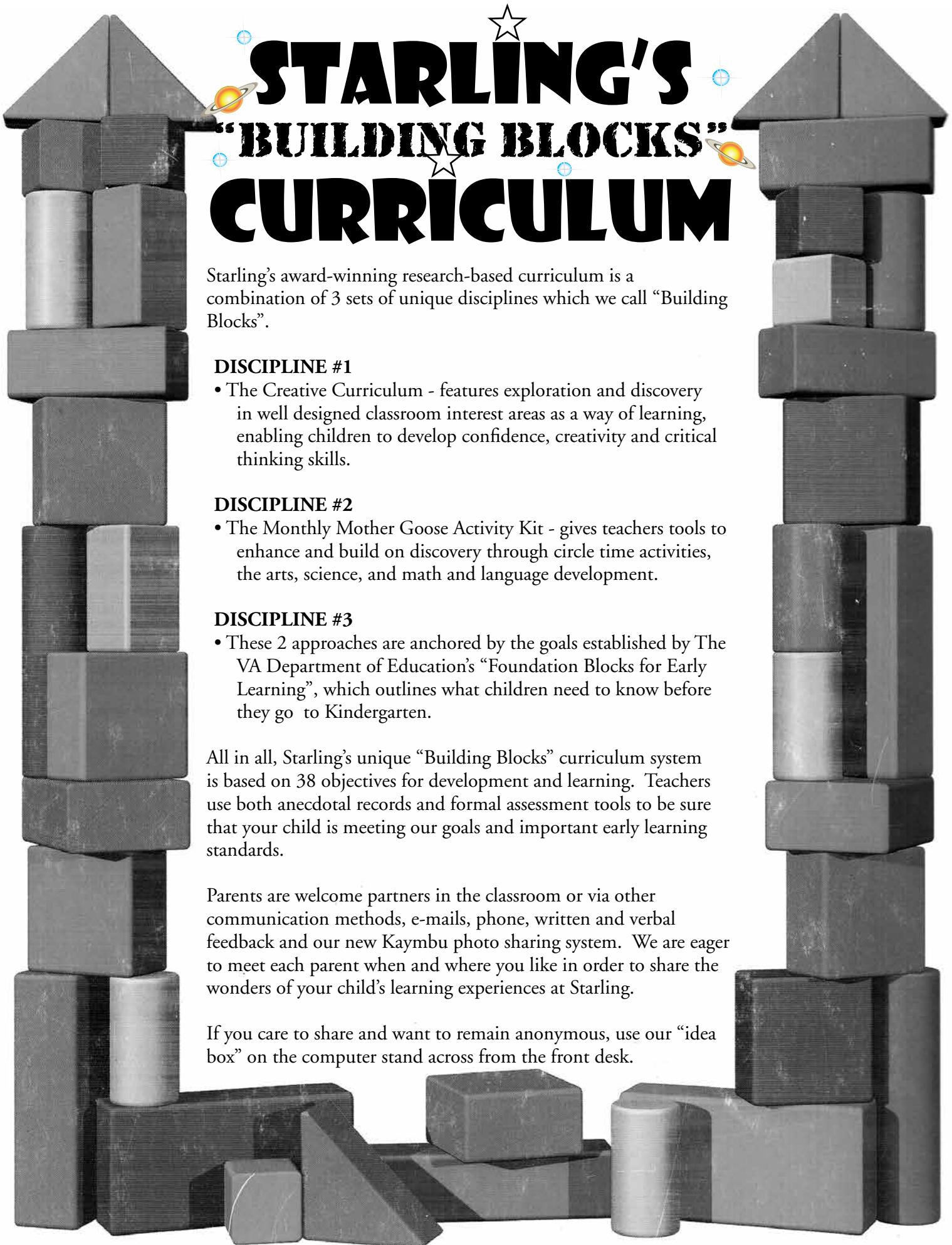
Independence Day Family Potluck

Thursday, July 2nd 4 p.m.

The fourth of July celebration at Starling is one of our families' favorites. Potluck dishes from around the world are added to the Starling table of all beef hot dogs, hamburgers, vegetarian dishes, potato salad and whole juice punch. Say "Happy Birthday America." Then, enjoy a long 3-day weekend as Starling's staff will be home with their families on Friday, July 3rd.

Free, All Ages





STARLING'S "BUILDING BLOCKS" CURRICULUM

Starling's award-winning research-based curriculum is a combination of 3 sets of unique disciplines which we call "Building Blocks".

DISCIPLINE #1

- The Creative Curriculum - features exploration and discovery in well designed classroom interest areas as a way of learning, enabling children to develop confidence, creativity and critical thinking skills.

DISCIPLINE #2

- The Monthly Mother Goose Activity Kit - gives teachers tools to enhance and build on discovery through circle time activities, the arts, science, and math and language development.

DISCIPLINE #3

- These 2 approaches are anchored by the goals established by The VA Department of Education's "Foundation Blocks for Early Learning", which outlines what children need to know before they go to Kindergarten.

All in all, Starling's unique "Building Blocks" curriculum system is based on 38 objectives for development and learning. Teachers use both anecdotal records and formal assessment tools to be sure that your child is meeting our goals and important early learning standards.

Parents are welcome partners in the classroom or via other communication methods, e-mails, phone, written and verbal feedback and our new Kaymbu photo sharing system. We are eager to meet each parent when and where you like in order to share the wonders of your child's learning experiences at Starling.

If you care to share and want to remain anonymous, use our "idea box" on the computer stand across from the front desk.





VISIT STARLING'S *Infants/Toddlers* IT WILL MAKE YOU SMILE AND FEEL HAPPY ALL DAY

What You Should Expect In The Infant/Toddler Rooms:

1. Shoes are removed before entering the large infant room.
2. Starling does not provide sick care. Therefore, please call us when your child becomes ill and let us know that she will be absent. This also helps us alert the other parents if there is a contagious illness in the room. Caregivers conduct a casual morning health inspection when each child arrives. The caregiver feels the baby's skin when she hugs the new arrival, and checks the babies' eyes and nose for discharge. She may ask you how your baby slept, or how she's been feeling. If she feels warm the caregiver will ask you to wait while she or the nurse takes your baby's temperature. No child with a temperature over 100 degrees or with diarrhea should attend the center until 24 hours after the symptoms cease. It is the parent's responsibility to have alternative care available in case of baby's illness.
3. If a baby becomes ill during the day, the center staff will isolate the contagious child from the classroom and call the parent to arrange to have the baby picked up from Starling within the hour. Note: Starling has four qualified caregivers and a nurse on standby to care for a child who becomes ill and is awaiting pick-up.
4. This same stand-by staff is available to substitute for a caregiver who must use the ladies room, or is changing loads in the laundry room, etc. Staff must notify the office if their classroom needs some extra help.
5. Each child has his own designated crib or cot. The bedding is laundered at least every 4-5 days or more frequently when soiled. The cots are disinfected weekly or more frequently when soiled. Cribs are disinfected daily.
6. You should receive daily take-home reports from your child's caregiver about your child's:
 - Educational program
 - Meals including times and quantities
 - Naps
 - Diapering
7. Toys (soft and hard) are abundant. Toys are removed from the play area after a child has mouthed them. Toys are put into hard and soft (used) laundry baskets called the soiled toy boxes to wait cleaning in our three-dip sink or in the laundry room. "New" clean toys immediately replace the ones that have been put in the laundry baskets. Toys in the soiled toy boxes are then cleaned when the teachers have a spare moment, at least every 3-4 days.
8. Something you should know is that Starling does not open and "staff" all ten classrooms at 6:45 a.m. Therefore, your child's classroom may contain children of a similar age from another classroom early in the morning and late in the evening. All classrooms are completely open and children divided by age group by 8:30 a.m. We must adhere to the ratios for the youngest child in the room, so in the baby room there would be no more than 2 infants and 2 toddlers with one caregiver, even though the toddler's ratio is higher. Staff must notify the front office if an extra child arrives upsetting the ratio balance without the front office's knowledge.
9. You should expect a call from Starling to give you a "heads-up" if your baby gets a boobo or isn't like herself. You should also expect an incident report at pick-up time.
10. You deserve smiling, loving, and professional caregivers who care about you and your families' values and child-rearing preferences. Please tell us if you want something that we are not providing and we will always try to accommodate your needs.

PAID ACTIVITIES

Starling's Baby Gym Class

Monday's June 1 – July 6, 10:30 am

Each week toddlers enjoy a unique program filled with dancing, music, learning and laughter. Our age-appropriate curriculum is designed to facilitate on-going skill development while having maximum fun. Children progress at their own pace, developing their confidence as they learn new skills. Bubbles, parachutes, climbing apparatus, scarves and tunnels enhance the fun learning experience

Ages 14 – 36 months

S.T.E.M.

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STARLING'S STEM SCIENCE FAIR

Starling's Second Annual STEM Science Fair will be held at Starling on Tuesday July 21st during Starling's Summer Camp Galaxy. The Starling Staff will present STEM lab activities and professional vendors will present STEM Exhibits from 2:00-4:30 p.m. beginning with a rocket launch by the Mad Scientist. Parents and the public are invited to participate free.

Some of the vendors who will present at the Science Fair are:

- Virginia Commonwealth University
- J. Sargeant Reynolds Community College
- The Mad Scientist
- The Computer Wizard
- Child Care Resources, Inc. conducting Kid's Kitchen
- The Richmond Computer Geeks
- The Carolina Company Brings Science Alive!

INTRODUCING THE S.T.E.M. @ STARLING CURRICULUM

For the uninitiated, S.T.E.M. is the much-buzzed acronym that stands for Science, Technology, Engineering, and Mathematics. Starling's S.T.E.M. curriculum embraces all four areas.

JOURNALS TRACK PROGRESS:

Children use a personal Starling journal to document and master the S.T.E.M. curriculum concepts. Journaling helps children track their progress through all 4-steps of the design process, so they can learn from mistakes and improve designs. **Children learn the 4-steps by planning/predicting, building, testing, and improving their designs.** Journals can be pictures drawn by younger students or essays by older children.

PROBLEM SOLVING HELPS CHILDREN THINK LIKE SCIENTISTS:

All S.T.E.M. curriculum activities help children think like scientists and engineers as they learn to solve problems. Students plan and predict, build, test, and then improve their designs until they are successful. The Starling teaching staff inspires students to investigate problems through open-ended questions and exciting experiments. The teachers encourage children to come up with creative solutions.

CURRICULUM ACTIVITIES ARE HANDS-ON:

Children will create hurricanes, they'll construct cabins out of logs, and they'll predict what sinks and what floats. They will also learn to measure and combine solids and liquids creating a delicious edible baked product. Primary colors on the light tables will be manipulated by budding scientists to create secondary colors and prisms. And much more!

LEGOPALOOZA DAYS INVOLVE MOM AND DAD:

Lego's encourage children and their parents to engage in joint planning, building, testing, and improving activities. Starling's S.T.E.M. curriculum offers hands-on activities which support critical-thinking skills.

CONCLUSION:

Your sons and daughters will start early in this National S.T.E.M. obsession! They will be the sharpest... above their peers---and ready for tomorrow's world!!

SCIENTISTS EMERGE WHEN EXPERIMENTS CREATE MORE QUESTIONS AND ARE PART OF THEIR EVERYDAY WORLD



FREE ACTIVITIES

Do It Yourself Bob or Barbie the Builder

Children learn to read and follow directions, measuring, hammering, and safety around tools. They build wood pieces like a birdhouse or photo frame out in the Children's Garden. Small group size and safety goggles provided. Free builder's apron and award patch.

Free, Ages 3+

ENGINEERS AND CONTRACTORS EMERGE WHEN GIVEN MATERIALS TO BUILD



FREE ACTIVITIES

Make Alien Spaceships

Tuesday, May 12th, 3:30 p.m.

Join the librarians at the Tuckahoe Library in the fun leading up to Starling's Camp Galaxy summer vacation! Librarians will tell a story and help lead the engineering of an alien spaceship.

Ages: 5-11

Make Super Hero Cuffs

Tuesday, June 16th, 3:30 p.m.

Join the librarians at the Tuckahoe Library for a super story and to make super hero cuffs, with all that super power!

Ages 5-11

Make Tie-Dye Superhero Capes

Tuesday, July 7th, 3:30 p.m.

Join the librarians at Tuckahoe Library for a Story and to make a tie-dye superhero cape. Bring a cotton, adult-sized white T-shirt.

Ages 5-11



Super Hero Movie Matinée at Tuckahoe Library

Friday, August 28th, 2:00 p. m.

Our middle schoolers will celebrate the end of summer with a great movie and tasty refreshments. The super hero movie will be shown on the big screen (PG or PG12 about 2 hours). Bring a blanket and pillow to lounge comfortably.

Ages 11-15

Galaxy Film Festival

Select Wednesdays

Throughout the summer camp children ages 3 + enjoy classic "Out of this world" films, many award winning movies included in our Wednesday "Popcorn and a movie" series are

Cinderella, Undrafted, Goosebumps, Splitting Adam, HOME, Strange Magic, Spare Parts, Minions and Shaun the Sheep Movie.

Free, Ages 3+

Family Swim Nights

3rd or 4th Fridays

The whole family is invited to family swim night every 3rd or 4th Friday of the month under the watchful eye of our lifeguards. Great fun and good exercise. Look for the big banner announcing each swim night . Must sign up!

Free, All Ages

Behind the Scenes at Chick-Fil-A

Campers see the inner workings of one of America's favorite fast food joints. Hear where the food comes from and how it's prepared, and taste test some of your favorite foods.

Free, Ages 6+

PAID ACTIVITIES

The Game Truck Visits Starling

The Game Truck combines fun and learning to engage campers with grade-specific programs. Campers enjoy an electronic party in comfort and style! The Mobile Game Theater has something for every gamer and room for at least 16 players. With all the latest multiplayer games and consoles, campers can play together and have the ultimate multiplayer experience. All the fun takes place in Starling's parking lot.

Age: 5+



Lewis Ginter Botanical Garden Field Trip & Picnic

Voted one of the "Best Botanical Gardens in the USA" by the Travel Channel, and a "Top 10 North American Garden Worth Traveling For" by BBC Travel. Our Starling preschoolers will study "Bees and Blooms" before entering the "Butterflies LIVE" exhibition. Hundreds of tropical and native butterflies feed, flutter and take flight in the Conservatory. A nutritious picnic lunch rounds out this wonderful nature adventure.

Pre-Schoolers 3+



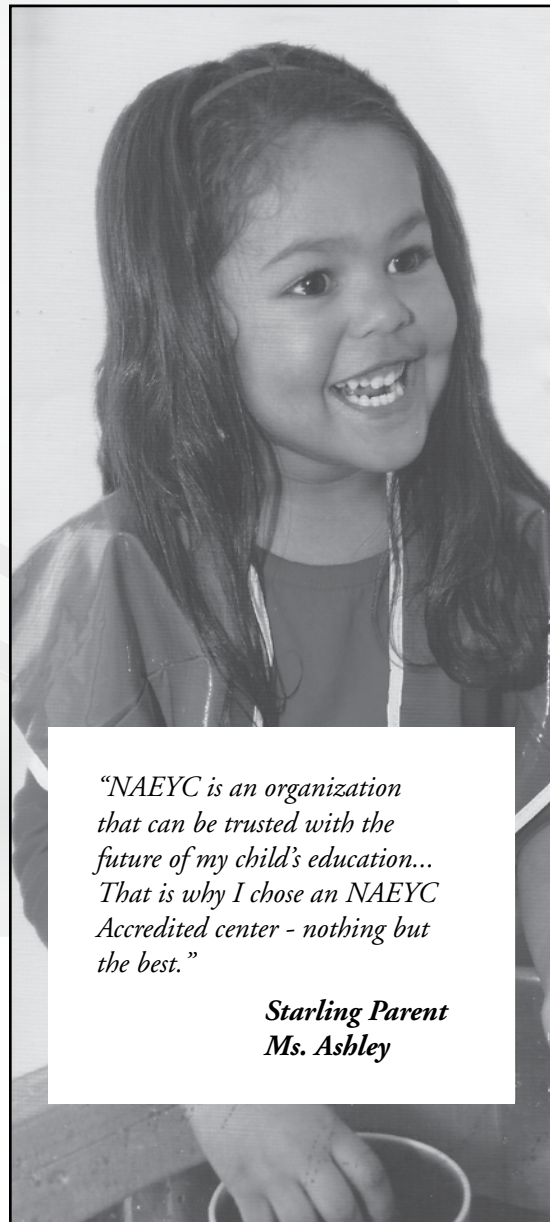
CONGRATULATIONS, STARLING!

In the Fall of 2014, Starling achieved Re-Accreditation to the years 2020. Congratulations to you, our parents, for choosing an early childhood program for your child that is accredited by NAEYC (The National Association for the Education of Young Children). NAEYC administers the largest and most widely recognized accreditation system for all types of early childhood schools and child care centers. And congratulations to our accomplished staff who all received ratings between 96% and 100% for their classroom arrangements, class management, and teaching techniques.



WHAT IS ACCREDITATION?

Early childhood programs accredited by the NAEYC Academy for Early Childhood Program Accreditation have voluntarily undergone a comprehensive process of internal self-study, invited external professional reviewers to verify compliance with the Criteria for High Quality Early Childhood Programs, and been found to be in substantial compliance with the Criteria.



"NAEYC is an organization that can be trusted with the future of my child's education... That is why I chose an NAEYC Accredited center - nothing but the best."

**Starling Parent
Ms. Ashley**

THE 10 STANDARDS FOLLOW:

1. Relationships between staff and family.
2. Curriculum that helps children learn in the areas of social, emotional, physical, language, and cognition.
3. Teachers who demonstrate best practices.
4. Assessments of children's progress.
5. Health and Safety practices.
6. Teachers credentials and experience.
7. Family involvement.
8. Community relations to support the achievement of program goals.
9. A physical environment that is enhanced and well equipped.
10. Leadership by an educated, experienced, and effective management team.

FEES FOR BEFORE & AFTER SCHOOL

Registration Fee: \$100/Child per year

Hourly

\$10

Daily

\$25/\$48

Before & After School

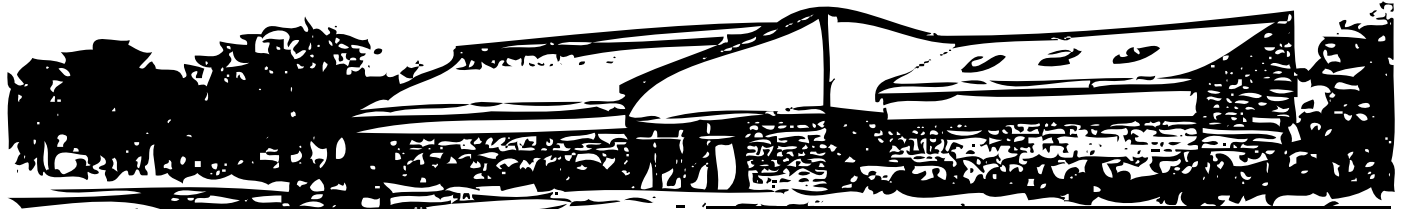
\$140

After School

\$120

\$18 extra for days that public school is closed (Not to exceed \$179 per week)

\$15 extra for days when public school closes early



HOME BASE

BEFORE & AFTER SCHOOL EDUCATION

★ ★ ★ STARLING INTERNATIONAL

Child Care & Learning Complex

Schools Serviced Include:

Ridge
Davis, Jackson
Pemberton
Carver
Pinchbeck
Maybeury
Tuckahoe Middle
Skipwith
Longan
Springfield

Dumbarton
Tuckahoe Elementary
Johnson
Crestview
Three Chopt
Echo Lake
Holladay
Greenwood
Hungry Creek Middle
Mary Momford

Rivers Edge
Lakeside
Twin Hickory
Chamberlyne
Brookland Middle
Grove Avenue
Maude Trevvett
John B. Cary

“Homebase before and after school education includes good citizenship activities and sound decision making techniques”



HOME BASE

BEFORE & AFTER SCHOOL EDUCATION

HOME BASE Environments Include:

- ▶ Quiet homework room with seasoned & certified tutors
- ▶ 4 Separate classrooms and 4 playgrounds for each age
- ▶ 50" Screens for DVD & games
- ▶ Comfortable lounge areas
- ▶ Controlled internet stations
- ▶ Kid's kitchen
- ▶ Tuckahoe Library access
- ▶ Indoor heated pool
- ▶ Spanish clubhouse
- ▶ 10+ Club
- ▶ Soccer field
- ▶ Vegetable & herb garden



Peace of Mind for Parents:

- ▶ Nationally accredited, state licensed, respected
- ▶ Degreed teachers who help with homework
- ▶ Professionally managed transportation program
- ▶ CDL safe drivers, well maintained vehicles
- ▶ Homemade full meals after school
- ▶ Video monitored classrooms & secure facility
- ▶ Safety systems, sprinklers, fire & police monitoring
- ▶ Staff are CPR, First Aid & MAT certified
- ▶ Red Cross life guards and swim instructors
- ▶ On-Site nurse, emergency clinic next door
- ▶ Thorough background checks and screenings
- ▶ Life skills & character building program

STARLING INTERNATIONAL

Child Care & Learning Complex

BASICS

Transportation to
& from most
Henrico & Private
Schools

Full Meals After School

Great Rates

FREE EXTRAS

Soccer with the
Richmond Kickers

Year Round Swimming

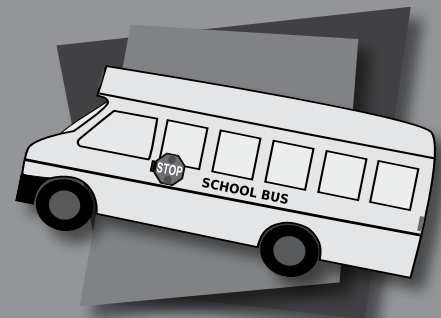
Kids Kitchen

Weekly Music Class

Computer Classes

Ten-Plus Club

Library Story Hour

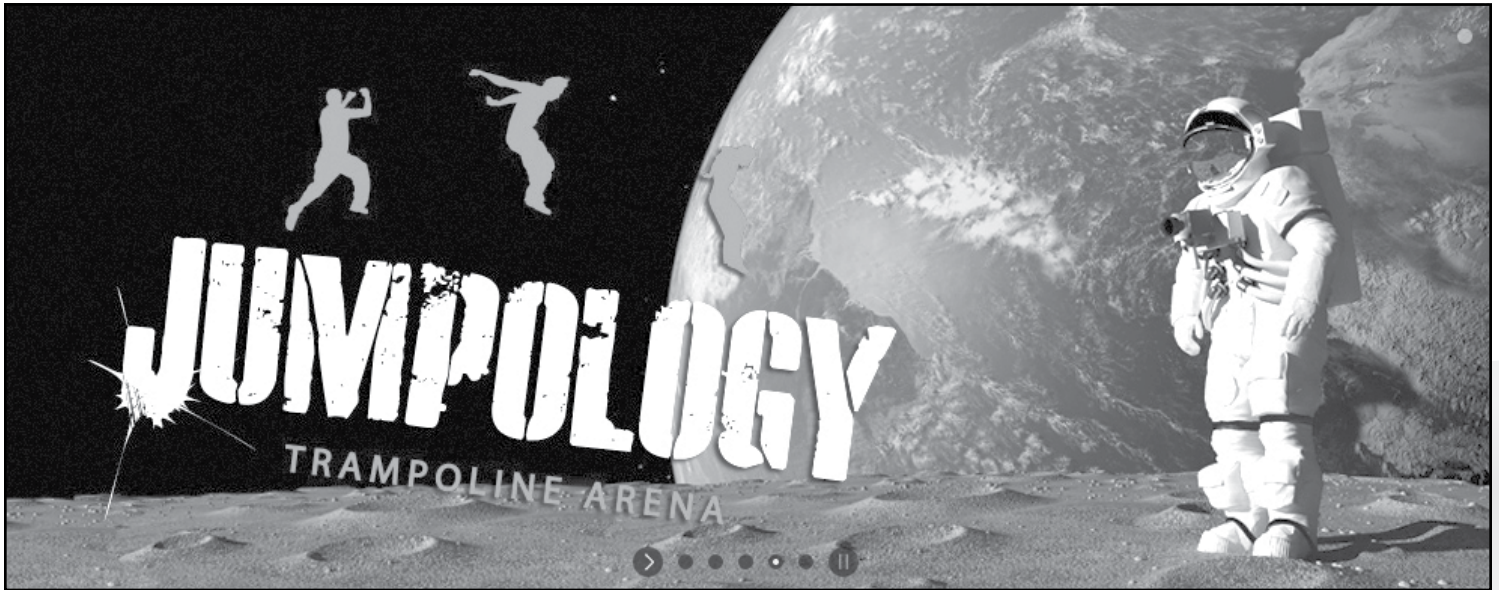


1784 Starling Drive
Richmond, Virginia 23229

Phone:
(804) 346-2000

Fax:
(804) 346-8494

PAID ACTIVITIES



Jumpology Field Trip & Picnic Lunch

Monday, June 23rd

Jump around on over 8,000 square feet of connected world class trampolines. Jumpology's trampoline field features over 50 trampolines, the famous angled wall trampolines, a pit of multicolored foam blocks, and basketball and dodgeball areas!

Rising Kindergarteners & Up



Virginia Aviation Museum

The Virginia Aviation Museum houses a collection of some thirty-four airplanes. Our campers will see a variety of engines that illustrate different approaches to the problem of keeping aircraft flying. They will explore the forces of flight, lift, thrust, weight and drag, all in the shadows of the Greater Richmond International Airport

Ages : 4+



PAID ACTIVITIES

Semi Private Swimming Lessons

Have you ever wanted your child to be comfortable in the water as well as know basic water safety skills? Do you want your child to have fun in all depths of the pool without fear? Sign up for lessons to allow your child a chance to excel while having fun in the pool! Classes are taught in small groups of 3-4 children.

Babies 6 weeks to 36 months will take lessons with their parents in the pool. (“Mom, Dad & Me” swim)

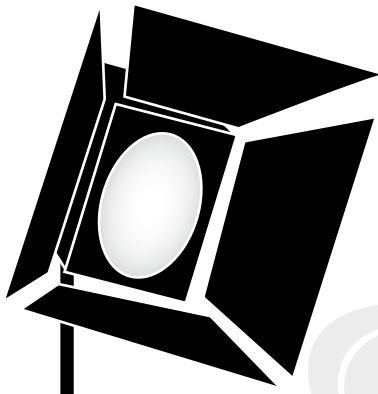
Children ages 3-5 will learn to enter and exit the water safely, explore arm and hand movements, exhale underwater, float on front and back, submerge mouth nose and eyes, flutter kick on front, and streamline arm positions.

Children ages 6-9 will review beginner skills, learn to tread water, glide on front and back, roll-over from front to back and back to front, enter water by stepping or jumping from the side, and rhythmic breathing.

Kids ages 9+ will review beginner and intermediate skills, learn to perform rotary breathing, survival float, swim front and back crawl, and swim the breaststroke.

OLYMPIC ATHLETES EMERGE WHEN GIVEN TIME TO PRACTICE REGULARLY





SPOTLIGHT ON

MS. AMANDA THE COMPUTER WIZARD



Ms. Amanda Thigpen-Sandiford has been a visible fixture at Starling for several years. Ms. Amanda is the sole owner of Discovery Kids Puterbugs. She is also an author and mentor for young children. She is a Massachusetts native and has lived in the Richmond area for over 16 years.

Ms. Amanda has over 20 years of teaching experience, a strong work ethic, and a visible love for children. Her belief is that every child has a story to tell and why not help them to have a great one through teaching. From teaching young children, to mentoring, Amanda believes that life is more fulfilling when giving others her very best.

Ms. Amanda holds a B.S. degree in Sociology and is working on a Master's Degree in Children and Family Counseling from Liberty University.

This summer, in addition to her regular Wednesday computer classes for 2-8 year olds, Amanda will conduct 10 special STEM computer and hands-on classes. These classes will target children 8-14 years and will cover the following topics:

- S.cience Tues./Wed. — July 14 and 15—Al About Me-What Makes Your Body Work?
- T.echnology Tues./Wed.—July 21 and 22—Lets Make An Online Movie.
- E.ngineering Tues./Wed.—July 28 and 29—Building a Roller Coaster.
- M.athmatics Tues/Wed.—August 4 and 5—Math-Not Just Adding & Subtracting.
- Final Week Tues./Wed.—How to Start The School Year With What We Learned Over the Summer.

PAID ACTIVITIES

Three Lakes Park and Nature Center / Aquarium

Bring together the three worlds of air, water, and land to explore. The Nature Center features a variety of exhibits designed to provide hands-on experiences. The 50,000 gallon aquarium also gives a “fish-eye” view of the underwater world. The exhibits in the Nature Center will introduce our campers to the plant and animal life native to the area and wildlife living in the wetlands and woodlands of the park.

Ages: 4+

COMPUTER GURUS EMERGE WHEN PROVIDED TECHNOLOGY



Field Trip to Sweet Frog

Kids create their own combination of delicious soft-serve frozen yogurt, then top it off with any toppings they choose! The toppings are fresh with the best ingredients for a light healthy treat, a swirling decadent dessert, and everything in between! Pick the flavors, add the toppings, make it YOUR way! And most importantly, don't forget the fun — it's the secret ingredient! Sweet Frog brings a smile to all faces! Parents, join us!

Ages 4+

Bowling at Shrader Lanes

Over 50 million people bowl every year, making it the world's #1 participation sport. Picture smiling faces, high fives and victory dances with your friends at Starling. That's what bowling is all about: come-as-you-are fun that starts the second you walk in.

Ages 8+

PAID ACTIVITIES

IMAX Theater Field Trip & Picnic

Cinema had never been this captivating. Educational IMAX films leave our campers breathless. Ten times the size of traditional 35mm film, IMAX films are projected on a 76 foot screen, creating immense learning experiences. Starling campers will enjoy a picnic lunch on the Coliseum park circle after the show.

Ages 6+

Field Trip to Busch Gardens (Voted World's Most Beautiful Park)

Busch Gardens is an action-packed European-themed adventure park boasting more than 350 acres of fun-filled world exploration. Starling campers experience world-class adventures on this field trip. Campers will enjoy Sesame Street Forest with Big Bird, Land of the Dragons featuring a 3 story tree house, live stage shows, plus more than 50 rides and attractions (including Griffon, the world's tallest floorless dive coaster). Lunch in Germany.

Ages 8+



Field Trip to the Planetarium at the Science Museum

The Planetarium at the Science Museum of Virginia is “out of this world”. Starling campers can let their imaginations travel to astronomical altitudes here. They’ll marvel over how the moon’s phases change the night sky, touch a rock from outer space, learn how to spot the “Big Dipper” and discover which stars they can see from their own back yards. Other discoveries at the science museum include the Foucault Pendulum in the main lobby, the study of Mars and Saturn rocket ships including Apollo 17, and understanding Newton’s Theories. A star party and lunch in the park concludes this “out of this world” adventure.

Ages 6+

El Caporal Mexican Dining Experience

Campers go “South of the Border” during “Around the World in 80 Days” month. Kids enjoy authentic Mexican cuisine and serenades by Mexican musicians. The children practice their Spanish (“Hola”, “ComoEstas”, “Muy bien”, “gracias”, “Yitu”). This is just one of many cultural activities during the summer. Other cultures studied are the Middle East, Europe, North America, Central and South America and the Far East.

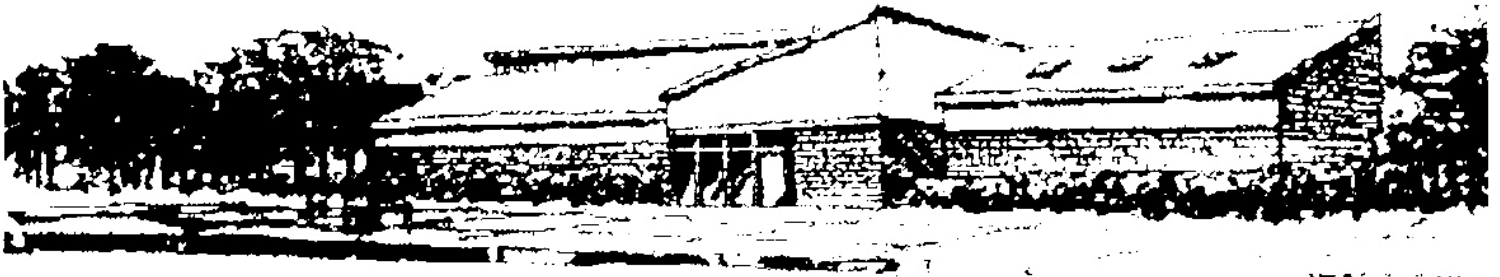
Ages 4+

Historic Field Trip, Picnic and Boat Ride

As part of the 150th Anniversary of the end of the Civil War, we will travel to historic Civil War sites and ride the canal boat throughout the old town. We will learn about the civil war and picnic on a battlefield.

Ages 6+





History

Starling Child Care & Learning Complex opened in September of 1992 in the far West End of Richmond, Virginia. The center's mission was to provide quality child care services at affordable prices to the community. Over the years, the center has fulfilled this mission with important benchmarks. In 1999, Starling Child Care and Learning Complex was a finalist for the Small Business of the Year awarded by the Greater Richmond Chamber of Commerce. That same year, it was named in the Top 40 by Inside Business magazine. In 2001, Starling Child Care & Learning Complex won the Regional Award by the Literacy Council of Virginia. And in 2006, Starling Child Care was awarded National Accreditation by the National Association for the Education of Young Children's Academy for Early Childhood Programs.



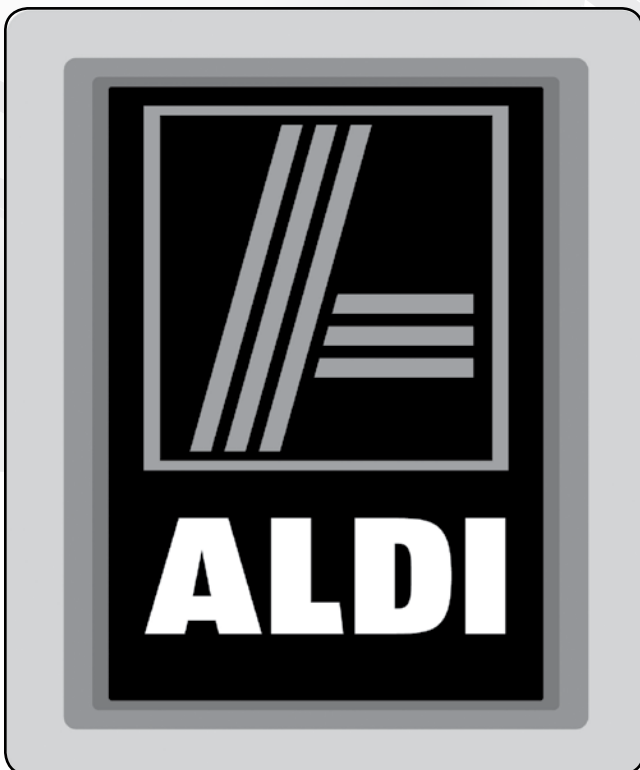
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Fax: (804) 346-8494
www.StarlingChildCare.com



**American
Red Cross**



ALDI IS OPEN AND CONVENIENT!



FINALLY, THEY'RE OPEN! So, what's Aldi? Well, we know them, because my family lived in Europe. Aldi is a leading global discount supermarket chain specializing in staple items, things you need for quick family meals and home care.

Because each store is smaller, you can get in and out quickly.

So now you'll truly have everything you need on the way home from work, all within walking distance... library, post office, banks, gas stations, pharmacy, doctor, dentist, quick-stop groceries, and then pick up the kids and away you go home.

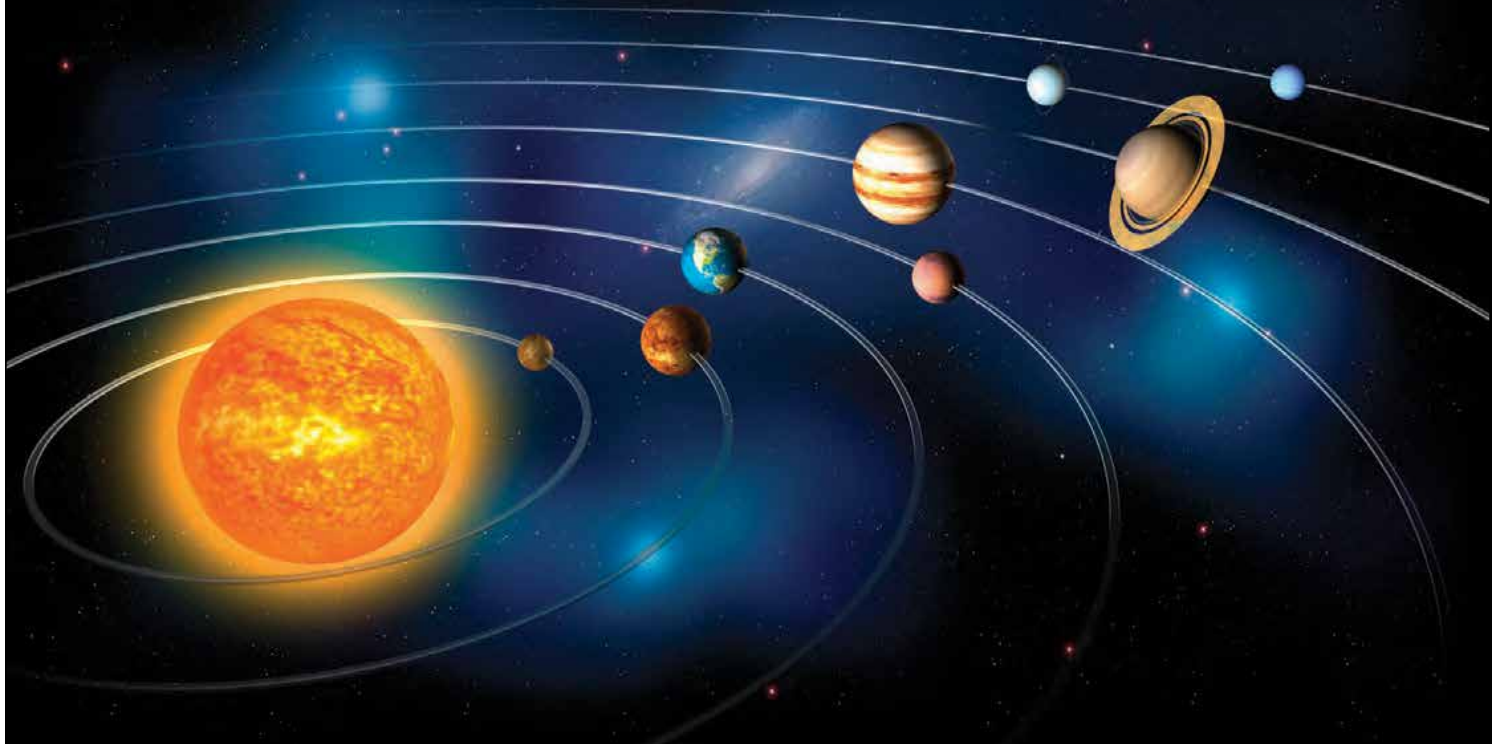
We are so excited about this addition to our 4 corners. Aldi is a good neighbor and we love the brand new road in front of our center. YAY!



STARLING INTERNATIONAL

Child Care & Learning Complex

An American Family Child Care Center



CAMP GALAXY

SUMMER 2015

A Summer Full of:

Swimming • Music • Spanish • Field Trips • Kona Ice Truck
Computer Classes • Soccer • Cooking Classes • Galaxy Film Festival

1784 Starling Drive • Henrico, Virginia 23229 • (804) 346-2000