



	<div>Monday</div> <div></div>	<div>Tuesday</div> <div></div>	<div>Wednesday</div> <div></div>	<div>1</div> <div><div>B:</div><div>Thursday</div><div>--, French Toast- WGR (1 oz eq/28g)(WG), --, Peaches / Nectarines, Lowfat Milk - 1%</div><div>A:</div><div>Thursday</div><div>--, Cheese-Its (WG 1oz eq/22gm) (WG), --, --, Lowfat Milk - 1%</div><div>L:</div><div>Chicken Breasts, Brown Rice, WG (1oz eq/28 gm/1/2c)(WG), Broccoli, Mixed Fruit, Lowfat Milk - 1%</div><div>D:</div><div>Beef Ground, Pasta Misc (WG 1oz eq/28gm/ 1/2c)(WG), Mixed Vegetables, Mixed Fruit, Lowfat Milk - 1%</div></div>	<div>2</div> <div><div>B:</div><div>Friday</div><div>Yogurt - Low Sugar, --, --, Pineapple, Lowfat Milk - 1%</div><div>A:</div><div>Friday</div><div>--, Animal Crackers-WG (1oz/28g)(WG), --, --, Lowfat Milk - 1%</div><div>L:</div><div>Chicken Breasts, Pasta Misc (WG 1oz eq/28gm/ 1/2c)(WG), Spinach, Mixed Fruit, Lowfat Milk - 1%</div><div>D:</div><div>Beef Ground, Rolls - Wheat(WG), Mixed Vegetables Mixed Fruit, Lowfat Milk - 1%</div></div>				
5	<div>Monday</div> <div><div>B:</div><div>--, Oat Flakes(WG), --, Bananas, Lowfat Milk - 1%</div><div>A:</div><div>Tuesday</div><div>--, Goldfish-WG (1oz eq/22g) (WG), --, --, Lowfat Milk - 1%</div><div>L:</div><div>Cheddar Cheese, Brown Rice, WG (1oz eq/28 gm/1/2c)(WG), Broccoli, Mixed Fruit, Lowfat Milk - 1%</div><div>D:</div><div>Cheddar Cheese, Pasta Misc (WG 1oz eq/28gm/ 1/2c)(WG), Mixed Vegetables, Mixed Fruit, Lowfat Milk - 1%</div></div>	6	<div>Tuesday</div> <div><div>B:</div><div>--, Pancakes - WGR (1oz/34g) (WG), --, Peaches / Nectarines, Lowfat Milk - 1%</div><div>A:</div><div>Tuesday</div><div>--, Goldfish-WG (1oz eq/22g) (WG), --, --, Lowfat Milk - 1%</div><div>L:</div><div>Beef Ground, Tortilla Chips - WGR (1 oz/28g)(WG), Garden Salad, Tropical Fruit Juice-once per day, Lowfat Milk - 1%</div><div>D:</div><div>Chicken Ground, Brown Rice, WG (1oz/28g)(WG), Salsa, Tropical Fruit Juice-once per day, Lowfat Milk - 1%</div></div>	7	<div>Wednesday</div> <div><div>B:</div><div>--, Oatmeal / Oats (Plain) 1oz/28g, 1/2c(WG), --, Fruit Cocktail (no syrup), Lowfat Milk - 1%</div><div>A:</div><div>Wednesday</div><div>--, Graham Crackers-WG (1oz eq/28gm)(WG), --, --, Lowfat Milk - 1%</div><div>L:</div><div>Tuna Salad, Bread - Whole Grain (WG)(WG), Onions / Onion Rings, Oranges / Tangerines / Tangelos, Lowfat Milk - 1%</div><div>D:</div><div>Beef Ground, Pasta Misc (WG 1oz eq/28gm/ 1/2c)(WG), Mixed Vegetables, Oranges / Tangerines / Tangelos, Lowfat Milk - 1%</div></div>	8	<div>Thursday</div> <div><div>B:</div><div>--, French Toast- WGR (1 oz eq/28g)(WG), --, Peaches / Nectarines, Lowfat Milk - 1%</div><div>A:</div><div>Thursday</div><div>--, Cheese-Its (WG 1oz eq/22gm) (WG), --, --, Lowfat Milk - 1%</div><div>L:</div><div>Beef Ground, Pasta Misc (WG 1oz eq/28gm/ 1/2c)(WG), Mixed Vegetables, Mixed Fruit, Lowfat Milk - 1%</div><div>D:</div><div>Chicken Breasts, Biscuit - WGR(WG), Mixed Vegetables, Mixed Fruit, Lowfat Milk - 1%</div></div>	9	<div>Friday</div> <div><div>B:</div><div>Yogurt - Low Sugar, --, --, Pineapple, Lowfat Milk - 1%</div><div>A:</div><div>Friday</div><div>--, Animal Crackers-WG (1oz/28g)(WG), --, --, Lowfat Milk - 1%</div><div>L:</div><div>Chicken Legs, Rolls-100% Whole Wheat(WG), Potatoes, fresh, all sizes, Peaches / Nectarines, Lowfat Milk - 1%</div><div>D:</div><div>Chuck Roast, Brown Rice, WG (1oz eq/28 gm/1/2c)(WG), Carrots, Peaches / Nectarines, Lowfat Milk - 1%</div></div>
12	<div>Monday</div> <div><div>B:</div><div>--, Oat Flakes(WG), --, Bananas, Lowfat Milk - 1%</div><div>A:</div><div>Tuesday</div><div>--, Goldfish-WG (1oz eq/22g) (WG), --, --, Lowfat Milk - 1%</div><div>L:</div><div>Mozzarella Cheese, Rolls-100% Whole Wheat(WG), Garden Salad, Oranges / Tangerines / Tangelos, Lowfat Milk - 1%</div><div>D:</div><div>Cheddar Cheese, Pasta Misc (WG 1oz eq/28gm/ 1/2c)(WG), Mixed Vegetables, Oranges / Tangerines / Tangelos, Lowfat Milk - 1%</div></div>	13	<div>Tuesday</div> <div><div>B:</div><div>--, Pancakes - WGR (1oz/34g) (WG), --, Peaches / Nectarines, Lowfat Milk - 1%</div><div>A:</div><div>Tuesday</div><div>--, Goldfish-WG (1oz eq/22g) (WG), --, --, Lowfat Milk - 1%</div><div>L:</div><div>Chicken Thighs, Pasta Misc (WG 1oz eq/28gm/ 1/2c)(WG), Salsa, Applesauce, Lowfat Milk - 1%</div><div>D:</div><div>Chuck Roast, Brown Rice, WG (1oz eq/28 gm/1/2c)(WG), Peppers, Green, Applesauce, Lowfat Milk - 1%</div></div>	14	<div>Wednesday</div> <div><div>B:</div><div>--, Oatmeal / Oats (Plain) 1oz/28g, 1/2c(WG), --, Fruit Cocktail (no syrup), Lowfat Milk - 1%</div><div>A:</div><div>Wednesday</div><div>--, Graham Crackers-WG (1oz eq/28gm)(WG), --, --, Lowfat Milk - 1%</div><div>L:</div><div>Chicken Breasts, Brown Rice, WG (1oz eq/28 gm/1/2c)(WG), Mixed Vegetables, Peaches / Nectarines, Lowfat Milk - 1%</div><div>D:</div><div>Chicken Ground, Combread/Corn Muffin - WGR (1oz/34g)(WG), Chili Beans, Peaches / Nectarines, Lowfat Milk - 1%</div></div>	15	<div>Thursday</div> <div><div>B:</div><div>--, French Toast- WGR (1 oz eq/28g)(WG), --, Peaches / Nectarines, Lowfat Milk - 1%</div><div>A:</div><div>Thursday</div><div>--, Cheese-Its (WG 1oz eq/22gm) (WG), --, --, Lowfat Milk - 1%</div><div>L:</div><div>Beef Ground, Rolls-WGR(WG), Mashed Potatoes (100% potatoes), Mixed Fruit, Lowfat Milk - 1%</div><div>D:</div><div>Chicken Breasts, Brown Rice, WG (1oz eq/28 gm/1/2c)(WG), Broccoli, Mixed Fruit, Lowfat Milk - 1%</div></div>	16	<div>Friday</div> <div><div>B:</div><div>Yogurt - Low Sugar, --, --, Pineapple, Lowfat Milk - 1%</div><div>A:</div><div>Friday</div><div>--, Animal Crackers-WG (1oz/28g)(WG), --, --, Lowfat Milk - 1%</div><div>L:</div><div>Turkey Breast, Flour Tortillas (1oz eq/28g)(WG), Lettuce And Tomato, Grape Juice-Once Per Day, Lowfat Milk - 1%</div><div>D:</div><div>Chuck Roast, Pasta Misc (WG 1oz eq/28gm/ 1/2c)(WG), Peas and Carrots, Grape Juice-Once Per Day, Lowfat Milk - 1%</div></div>
19	<div>Monday</div> <div><div>B:</div><div>--, Oat Flakes(WG), --, Bananas, Lowfat Milk - 1%</div><div>A:</div><div>Tuesday</div><div>--, Goldfish-WG (1oz eq/22g) (WG), --, --, Lowfat Milk - 1%</div><div>L:</div><div>Cheddar Cheese, Pasta Misc (WG 1oz eq/28gm/ 1/2c)(WG), Mixed Vegetables, Applesauce, Lowfat Milk - 1%</div><div>D:</div><div>Chickpeas/Hummus, Brown Rice, WG (1oz eq/28 gm/1/2c) (WG), Carrots, fresh, Applesauce, Lowfat Milk - 1%</div></div>	20	<div>Tuesday</div> <div><div>B:</div><div>--, Pancakes - WGR (1oz/34g) (WG), --, Peaches / Nectarines, Lowfat Milk - 1%</div><div>A:</div><div>Tuesday</div><div>--, Goldfish-WG (1oz eq/22g) (WG), --, --, Lowfat Milk - 1%</div><div>L:</div><div>Beef Ground, Brown Rice, WG (1oz/28g)(WG), Salsa, Pineapple, Lowfat Milk - 1%</div><div>D:</div><div>Chicken Breasts, Corn Tortillas (1oz/28g)(WG), Lettuce And Tomato, Pineapple, Lowfat Milk - 1%</div></div>	21	<div>Wednesday</div> <div><div>B:</div><div>--, Oatmeal / Oats (Plain) 1oz/28g, 1/2c(WG), --, Fruit Cocktail (no syrup), Lowfat Milk - 1%</div><div>A:</div><div>Wednesday</div><div>--, Graham Crackers-WG (1oz eq/28gm)(WG), --, --, Lowfat Milk - 1%</div><div>L:</div><div>Beef Ground, Pasta Misc (WG 1oz eq/28gm/ 1/2c)(WG), Tomato Sauce / Paste, Mixed Fruit, Lowfat Milk - 1%</div><div>D:</div><div>Salisbury Steak, Rolls - Wheat(WG), Mashed Potatoes (100% potatoes), Mixed Fruit, Lowfat Milk - 1%</div></div>	22	<div>Thursday</div> <div><div>B:</div><div>--, French Toast- WGR (1 oz eq/28g)(WG), --, Peaches / Nectarines, Lowfat Milk - 1%</div><div>A:</div><div>Thursday</div><div>--, Cheese-Its (WG 1oz eq/22gm) (WG), --, --, Lowfat Milk - 1%</div><div>L:</div><div>Chicken Breasts, Rolls-WGR(WG), Garden Salad, Oranges / Tangerines / Tangelos, Lowfat Milk - 1%</div><div>D:</div><div>Chuck Roast, Pasta Misc (WG 1oz eq/28gm/ 1/2c)(WG), Peas and Carrots, Oranges / Tangerines / Tangelos, Lowfat Milk - 1%</div></div>	23	<div>Friday</div> <div><div>B:</div><div>Yogurt - Low Sugar, --, --, Pineapple, Lowfat Milk - 1%</div><div>A:</div><div>Friday</div><div>--, Animal Crackers-WG (1oz/28g)(WG), --, --, Lowfat Milk - 1%</div><div>L:</div><div>Beef Ground, Pasta Misc (WG 1oz eq/28gm/ 1/2c)(WG), Mixed Vegetables, Mixed Fruit, Lowfat Milk - 1%</div><div>D:</div><div>Chicken Legs, Rolls-100% Whole Wheat(WG), Mashed Potatoes (100% potatoes), Mixed Fruit, Lowfat Milk - 1%</div></div>
26	<div>Monday</div> <div><div>B:</div><div>--, Oat Flakes(WG), --, Bananas, Lowfat Milk - 1%</div><div>A:</div><div>Tuesday</div><div>--, Goldfish-WG (1oz eq/22g) (WG), --, --, Lowfat Milk - 1%</div><div>L:</div><div>Cheddar Cheese, Flour Tortillas (1oz eq/28g)(WG), Mixed Vegetables, 100% Apple Juice / Blend, Lowfat Milk - 1%</div><div>D:</div><div>Cheddar Cheese, Pasta Misc (WG 1oz eq/28gm/ 1/2c)(WG), Mixed Vegetables, Apple Juice 100%-Once Per Day, Lowfat Milk - 1%</div></div>	27	<div>Tuesday</div> <div><div>B:</div><div>--, Pancakes - WGR (1oz/34g) (WG), --, Peaches / Nectarines, Lowfat Milk - 1%</div><div>A:</div><div>Tuesday</div><div>--, Goldfish-WG (1oz eq/22g) (WG), --, --, Lowfat Milk - 1%</div><div>L:</div><div>Chicken Breasts, Brown Rice, WG (1oz eq/28 gm/1/2c)(WG), Onions / Onion Rings, Peaches / Nectarines, Lowfat Milk - 1%</div><div>D:</div><div>Beef Ground, Pasta Misc (WG 1oz eq/28gm/ 1/2c)(WG), Peppers, Green, Peaches / Nectarines, Lowfat Milk - 1%</div></div>	28	<div>Wednesday</div> <div><div>B:</div><div>--, Oatmeal / Oats (Plain) 1oz/28g, 1/2c(WG), --, Fruit Cocktail (no syrup), Lowfat Milk - 1%</div><div>A:</div><div>Wednesday</div><div>--, Graham Crackers-WG (1oz eq/28gm)(WG), --, --, Lowfat Milk - 1%</div><div>L:</div><div>Chicken Breasts, Rolls-100% Whole Wheat(WG), Garden Salad, Applesauce, Lowfat Milk - 1%</div><div>D:</div><div>Pot Roast, Brown Rice, WG (1oz eq/28 gm/1/2c)(WG), Peppers, Green, Applesauce, Lowfat Milk - 1%</div></div>	29	<div>Thursday</div> <div><div>B:</div><div>--, French Toast- WGR (1 oz eq/28g)(WG), --, Peaches / Nectarines, Lowfat Milk - 1%</div><div>A:</div><div>Thursday</div><div>--, Cheese-Its (WG 1oz eq/22gm) (WG), --, --, Lowfat Milk - 1%</div><div>L:</div><div>Chicken Ground, Combread/Corn Muffin - WGR (1oz/34g)(WG), Mixed Vegetables, Mixed Fruit, Lowfat Milk - 1%</div><div>D:</div><div>Beef Ground, Pasta Misc (WG 1oz eq/28gm/ 1/2c)(WG), Tomato Sauce / Paste, Mixed Fruit, Lowfat Milk - 1%</div></div>	30	<div>Friday</div> <div><div>B:</div><div>Yogurt - Low Sugar, --, --, Pineapple, Lowfat Milk - 1%</div><div>A:</div><div>Friday</div><div>--, Animal Crackers-WG (1oz/28g)(WG), --, --, Lowfat Milk - 1%</div><div>L:</div><div>Chuck Roast, Brown Rice, WG (1oz eq/28 gm/1/2c)(WG), Mixed Vegetables, Mandarin Oranges, #10 can, Lowfat Milk - 1%</div><div>D:</div><div>Beef Ground, Buns - Whole Grain (1oz/28g)(WG), Mixed Vegetables, Mandarin Oranges, Lowfat Milk - 1%</div></div>